

LAKE HOUSTON CONQUERORS

Statement of Faith



Our Statement of Faith

The Lake Houston Conquerors is a Christian sports organization, which subscribes to the basic tenets of Biblical Christianity. The following statements are the belief positions of the Lake Houston Conquerors and the basis for its operations and teachings.

- The Bible, both Old and New Testaments, are the inspired, inerrant, infallible, and final authoritative Word of God.
- There is only one God, eternally existing in three persons: God the Father, God the Son, and God the Holy Spirit. God the Son was revealed in the person of Jesus Christ, fully God and fully man in the flesh, except without sin. God the Holy Spirit indwells and seals any person who accepts Jesus Christ's sacrificial death as the only payment for their sin.
- Man was created in the image and likeness of God, but through Adam's sin all men fell, inherited a sinful nature, and became alienated from God's righteousness and holy character. Man is now under God's wrath and condemnation, totally depraved, and of himself, utterly unable to remedy his lost condition.
- In order to redeem man from his lost condition, God sent His Son, Jesus Christ to pay the penalty of man's sin through His substitutionary death on the cross. Through His subsequent visible, bodily resurrection Jesus Christ has made the way for man to be reconciled with God the Father. Jesus Christ offers this free gift of salvation to man. It must be accepted individually in faith alone, not trusting in any personal acts or works, but in His death and resurrection only.
- Athletes are required to participate in a sport by gender unless the specific sport is identified as a co-ed event by the LHC Board. Gender is defined as the biological classification given at the time of birth. No Concession or allowance is allowed.
- The foundation of the family and the basic structure of human society was instituted by God to begin with marriage between one man and one woman. God created man and woman to complement and complete each other, and His design for sexual intimacy is to be expressed only within the context of marriage. Thus, we believe that marriage is exclusively the union of one man and one woman.
- We believe that God created all human beings in His image. Therefore, we believe that human life is sacred from conception to its natural end and that we must honor the physical and spiritual needs of all people. Following Christ's example, we believe that every person should be treated with love, dignity, and respect.

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The Lake Houston Conquerors (LHC) is a Christ centered competitive sports program. We intend to honor our Lord and Savior, Jesus with our behavior, our effort and performance.

*“And whatever you do, whether in word or in deed, do it all in the name of the Lord Jesus...” – **Colossians 3:17***

*“Whatever you do, work at it with all your heart, as working for the Lord, not for men.” – **Colossians 3:23***

Coaching

Coaching with LHC is more than sports but it is about training and developing our athletes into Godly men and women. We desire to be the best to honor God with our best but not at the price of demoralizing or damaging the self esteem of our student athletes.

“For physical training is of some value, but godliness has value for all things, holding promise for both present life and the life to come.”
- **1 Timothy 4:8**

Representing Christ is especially expected during games and especially with the officials.

*“Submit yourselves for the Lord’s sake to every authority instituted among men: whether to the king, as the supreme authority, or to the governors...For it is God’s will that by doing good you should silence the ignorant talk of foolish men.” – **1 Peter 3:13-15***

Character is the true champion

“Be more concerned with your character than your reputation, because your character is what you really are, while your reputation is merely what others think you are.”
— John Wooden

“Ability may get you to the top but character will keep you there.”
— John Wooden

LAKE HOUSTON CONQUERORS

Basketball PARENT Code of Conduct



1. I have read, I believe, and I will support the LHC Statement of Faith.
2. I will certify my athlete's eligibility by adhering to the following:
 - a. Ensuring that my child is passing in all subjects & notifying the coach if they are not passing
 - b. State of Texas requirements-Leeper Law – <https://thsc.org/homeschooling-in-texas/the-history-of-home-education-in-texas/>
 - c. National Christian Homeschool Championships (NCHC) – visit <http://nchc2019.wpengine.com/guidelines/> to see all rules.
 - i. 'Homeschooling' is defined as parent-directed schooling done at home.
 - ii. Player cannot be married or have participated in a graduation ceremony
 - iii. Player must live within a 100-mile radius of LHC's practice facility. (*exceptions can be discussed with LHC Board*)
 - iv. Player must live at home with his/her parent, legal guardian or LHC/NCHC approved legally responsible person.
3. I will always encourage my child to abide by the team rules and program guidelines (see the Athlete Code of Conduct). If my child breaks the Athlete Code of Conduct, I will support the decisions made by their coach and/or the leadership of LHC to remedy the situation.
4. I will honor God and the LHC program with my conduct and behavior by demonstrating high personal standards and a Christ-like image to the players, other parents, officials, and coaches.
 - a. I will refrain from criticizing the coaches or instructing players from the sidelines.
 - b. I will remain under control during all games. I will not yell at my child, Conqueror players and/or coaches, or the opposing players, coaches or parents.
 - c. I will not express negative reactions (verbal or non-verbal) to poor officiating. I will strive to remember that the referees are only human and that rarely is the outcome of a game determined by a 'bad call'.
 - d. I will not participate in jeering, booing, belittling players, manipulative intimidation (i.e. making noise during an opponent's free throws), or boastful chanting.
5. I understand and will abide by the LHC appeal process in accordance with Matthew 18:15-17.
 - a. If I have an issue with an individual, I will go to that person seeking resolution.
 - b. If we are not able to resolve the issue, I will speak with the individual and the coach or Basketball Director together.
 - c. If we are still unable to resolve the issue, I can send my written complaint (signed & dated) to the LHC President at P.O. Box 5018, Kingwood, TX 77325. The President will contact me to discuss further.
 - d. If the issue still needs resolution, I will be allowed a limited time to present my issue(s) to the Board at the next scheduled meeting. The Board will make a final determination within (10) days. All Board decisions are final.
6. I acknowledge that LHC is a competitive basketball program and that playing time is at the sole discretion of the coach, based on his/her decisions as to what will make the team the most competitive. I understand that the coach isn't obligated to explain how playing time is determined.
7. During or immediately following a game, I will refrain from approaching a coach with criticism. I will wait 24 hours for reflection and a cooling off period so a productive, calm discussion is more likely.
8. I will meet my financial obligations to the program in a timely manner.
9. Regarding LHC - I will not place any negative or inappropriate content on Facebook or any other social media. This includes the use of profanity, airing grievances with another parent/player/family/team, or any other content that does not reflect a Christ-like attitude.
10. I will maintain a servant's attitude and volunteer, as needed, throughout the season (i.e. keep clock, scorebook, team manager, video/pics, stats, admissions table, etc.).
11. I understand that if I fail to abide by this code of conduct, the LHC governing body has the authority to ask my family to leave the program and no fees will be refunded.

Sign: _____ Print: _____ Date: _____

Sign: _____ Print: _____ Date: _____

LAKE HOUSTON CONQUERORS

Basketball ATHLETE Code of Conduct



1. I have read, I believe, and I will support the LHC Statement of Faith.
2. I will demonstrate the character quality of attentiveness by listening to the instructions of my coaches.
3. I will demonstrate the character quality of faithfulness by attending (to the best of my ability) all practices and games. I will show up on time, with proper equipment, and ready to play. If I will miss a practice or game, I will notify the coach ahead of time.
4. I will demonstrate the character quality of orderliness by abiding by the following dress code. The LHC dress code is designed to prevent provocative clothing that could cause another to stumble. If a player is in violation of the following guidelines, they will not be allowed to participate until the violation has been corrected.
 - a. No jewelry or watches will be worn during practices or games.
 - b. Maintain a clean-cut appearance during the season; no radical hairstyles or colors, no visible tattoos, and no visible body piercings. Girls may have pierced ears but cannot wear earrings or hair hardware during practices or games.
 - c. Dress appropriately for all team events. Coaches will determine game attire.
 - i. Guys – shirt required, no cut or sideless shirts, no spandex shorts worn alone
 - ii. Girls – no tank tops or halters; no sheer or tight/form-fitting/spandex clothing, tube tops, mesh tops, or tops that reveal midriff when athlete's arms are raised
 - iii. Shorts, skirts, and dresses must be at least mid-thigh in length – for guys and girls
 - iv. All undergarments must be covered; including sports or workout types.

** This dress code is not exhaustive and the LHC Board reserves the right to make a final determination of what dress is considered unsatisfactory. **
5. I will maintain a positive, teachable attitude no matter how much playing time I receive, how fair the officiating is or is not, and whether we win or lose. I will honor my teammates by submitting to the greater good of the team at the expense of my own ambitions.
6. I will demonstrate the character quality of respect by accepting the decisions of those in authority (coaches, parents, and referees) without argument, grumbling, or gesturing of any kind. I will respect each facility by picking up my trash before leaving. I will follow all NCHC eligibility guidelines *including but not limited to...* (full list at <http://nchc2019.wpengine.com/guidelines/>)
 - a. Player cannot be married or have participated in a graduation ceremony
 - b. Player must live within a 100-mile radius of LHC's practice facility. (*exceptions can be discussed with LHC Board*)
 - c. Player must live at home with his/her parent, legal guardian or LHC/NCHC approved legally responsible person.
7. I will seek to honor God and demonstrate the character quality of self-control by:
 - a. Not participating in the use of profane language, alcohol, tobacco, or drugs
 - b. Not jeering, booing, or belittling other players
 - c. Not participating in ridicule, manipulative intimidation (ie. making noise during opponent's free throws), or boastful chanting
8. During all trips, practices, and games, I will keep my focus on basketball and avoid pairing off with a person of the opposite sex. I will also refrain from any public displays of affection. On a road trip, I will honor the curfew set by my coaches.
9. Regarding LHC – I will not place any negative / inappropriate content on Facebook or any other social media. This includes the use of profanity, airing grievances with another player/parent/family/team, or any other content that does not reflect a Christ-like attitude.
10. I will demonstrate the character quality of discipline by following the rules established by my team and the LHC program.

FAMILY LAST NAME: _____

DATE: _____

Athlete Signatures

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

LAKE HOUSTON CONQUERORS
Liability Release and Medical Authorization
 Athlete • Coach • Parent • Volunteer



Insured Person's Name: _____
 Address: _____ City/State/Zip: _____
 Cell (his): _____ Cell (hers): _____ Emerg: _____
 Employer: _____ Business phone: _____
 Medical Insurance Carrier: _____ Policy #: _____

Medical Conditions(s) and/or Allergies that should be taken into consideration in the event medical treatment must be administered to you or your child:

In consideration of our participation in the Lake Houston Conquerors, Inc. program:

We do hereby release, absolve, and hold harmless the directors, coaches, and leaders of the Lake Houston Conquerors, Inc. (hereafter referred to as LHC) from any and all liability for all sickness, damages, or injuries occurring as a result of my or my child's presence or participation in the activities of LHC, including travel to and from meets, tournaments, and other games within the Houston area or to other cities as required. We also absolve and hold harmless any facility and its directors that LHC is using for its activities. We further agree to make or cause to be made, by assignment of third-party benefits or otherwise, full and complete payment for examination, treatment, or hospital care required in the case of a medical emergency.

I understand that reasonable precautions will be taken to make the program safe and beneficial for all, but that risk of infectious disease or injury cannot be eliminated entirely, and that this release is necessary for me to participate in the LHC program. I also understand that athletic competition is strenuous by nature and acknowledge LHC's strong recommendation that I and/or my child obtain a complete physical examination before participating.

Furthermore, we hereby authorize, in the event of an injury, any director, coach, medical attendant or adult leader in LHC to consent to emergency medical treatment for me or our child when we cannot be contacted to give consent. Such medical treatment may include, without limitations, x-ray examinations, anesthetic, medical, surgical examination or treatment, and general hospital care. No prior determination of life-threatening emergency or danger of serious or permanent injury resulting from delay of treatment need be made under this authorization. This authorization is given in advance of any specific diagnosis, treatment, or hospital care being required, and is given to provide authority and power on the part of a director, coach, or adult leader of LHC to give specific consent to any and all such examination, treatment, or hospital care.

We specifically give our consent for first aid treatment with bandages, antibiotic ointment, hydrogen peroxide, and/or ibuprofen. Listed below are any prescription medications that our child takes on a regular basis.

Athlete Name:					
Treatments:					
Medications:					

We hereby verify that we understand and accept the terms of this Liability Release and Medical Authorization.

Signature of Father/Legal Guardian: _____ Date: _____

Signature of Mother/Legal Guardian: _____ Date: _____